

Maternity

Having a baby is a wonderful and joyous experience, and Medihelp supports you with benefits and services that will add to your experience during this exciting time.

During your pregnancy

Maternity benefits

The maternity benefits offered by your option are set out in your member guide. To access this guide, log in to Medihelp's Member Zone.

Added insured benefits

In addition to your plan's regular maternity benefits as set out in your member guide, Medihelp also offers added insured benefits on all options. Registration on HealthPrint's Maternity and Baby programme will activate these additional benefits:

- 10 antenatal and post-natal consultations at a midwife/GP/gynaecologist
- 2 antenatal and post-natal consultations at a dietician/breastfeeding specialist/antenatal classes
- Two 2D ultrasound scans

Prime 3, Elite & Plus

- 9 months' antenatal iron supplements
- 9 months' antenatal folic acid supplements

Added value through HealthPrint

HealthPrint is Medihelp's online health and wellness programme, and you can enrol on the HealthPrint Maternity and Baby programme for support on your pregnancy journey. Once you join, you will receive a special gift for your baby and a baby bag with goodies, as well as access to relevant value from HealthPrint partners.

You will also receive regular newsletters containing useful information on what you can expect during each stage of your pregnancy.

Confinement (childbirth) in hospital or home delivery

There is no overall annual limit on hospital benefits for childbirth on any benefit option except Necesses, where a limited benefit is available for elective caesarean sections. Benefits are paid at 100% of the Medihelp tariff.

A specified benefit amount is available for a home delivery, including the professional nursing fees, equipment, material and medicine.





Pre-authorisation

It is vital to pre-authorise your planned hospital admission or home delivery to avoid co-payments. A co-payment of 20% will apply if a hospital admission is not pre-authorised (excluding emergencies, which must be authorised within 72 hours) and a 35% co-payment will apply if members of the Prime network options and Necesses elect to use non-network hospitals.

What you'll need to apply for pre-authorisation

- Your membership number
- Details of the patient, doctor and hospital, including their practice numbers
- Procedure and diagnostic codes (your doctor will provide you with these)
- Date and time of your admission (estimated in case of a natural birth)

Ways to pre-authorise

-  Phone 086 0200 678
-  Use the Member Zone/Authorisations
-  Email hospitalauth@medihelp.co.za
-  Use the Medihelp member app

TTO medicine when you leave the hospital

Medihelp offers a fixed benefit amount for prescription medicine dispensed and charged by the hospital to take out when you are discharged. Consult your Medihelp member guide for details.

Registration of your new-born baby

Register your newborn by phoning 086 0100 678 or by logging in to the Member Zone. Medihelp will register your newborn without applying any exclusions if you are an existing member, under the following conditions:

You have 90 days from the date on which the baby was born to submit a registration form to the Scheme.

The baby's enrolment date must also be the date of birth.

The baby must be enrolled as your child dependant on the same option.

The baby's ID number must be submitted to Medihelp within 30 days.