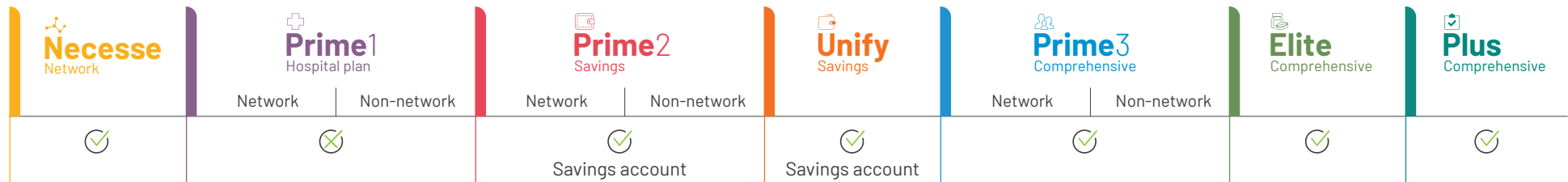


Optometry benefits

Which benefit options provide optometry benefits?



What benefits are available?

Eye test

Elite & Plus:	1 per beneficiary
Necesse:	1 per beneficiary
Prime 3:	1 per beneficiary
Unify & Prime 2:	Savings account

Spectacle lenses

Elite & Plus:	Single vision, bifocal or multifocal
Necesse & Prime 3:	Single vision, bifocal or multifocal (paid at the cost of bifocal lenses)
Unify & Prime 2:	Savings account

Spectacle frames and/or lens enhancements

Elite & Plus:	R1 000
Necesse:	R550
Prime 3:	R800
Unify & Prime 2:	Savings account

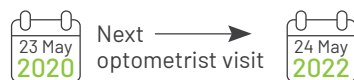
OR

Contact lenses

Plus:	R1 680
Elite:	R1 680
Necesse:	R750
Prime 3:	R1 200
Unify & Prime 2:	Savings account

How are benefits granted?

Benefits are available every 24 months from the date of the first service.



Benefits are available per beneficiary. Benefits are paid at 100% of the Medihelp tariff.* PPN's protocols and pre-authorisation apply.

PPN self-help solution

Read more about PPN's self-help service solution on the next page

Which network is used?

Medihelp uses the Preferred Provider Negotiators (PPN) network for all the options except Unify and Prime 2 (network and non-network).

Co-payments and benefit limits may apply, if PPN is not used.

How to avoid co-payments

- Use a PPN optometrist.
- Check available benefits with PPN first.
- Ask for a quote.
- Prime 2 and Unify members must make sure they have sufficient savings account funds available.

Spectacle warranty

If your spectacles are lost, have broken or are stolen in the 24-month cycle, you may obtain the following only at PPN providers:

- A frame and one pair of clear lenses up to the previous lens type prescribed and in accordance with the last recorded script.

Deductibles will apply and contact lenses are not covered.

PPN contact details

Read more about PPN's self-help service solution on the next page



086 1103 529 or
086 1101 477

www.ppn.co.za

info@ppn.co.za

PPN self-help solution

Use PPN's self-help service on their website at www.ppn.co.za for quick assistance.

Services offered

- Available 24/7
- Accessible online
- Find the nearest practice
- Confirm you optical benefits
- Check your claim status
- Use the automated Call Centre

What you will need to register or when you speak to an agent

- Principal member's ID number
- Medical aid number
- Email address
- Mobile number
- Dependant's date of birth
- Date of claim/service

To speak to an agent when phoning (086 1103 529/086 1101 477) in, select "Member" and then Option 3

How to view your available benefits and claims

Click on the Register/Login button on the PPN website at www.ppn.co.za on the top right corner and follow the easy steps to view your benefits or to view/download your claims.