

# Maternity

Having a baby is a wonderful and joyous experience, and Medihelp supports you with benefits and services that will add to your experience during this exciting time.

## During maternity

### Day-to-day benefits

The maternity benefits offered by your option are set out in your member guide and are paid from your available savings or day-to-day benefits. To access this guide, log in to Medihelp's Member Zone.

### Added insured benefits

(MedMove! members do not have these benefits)

### Maternity benefits

In addition to your plan's regular maternity benefits as set out in your member guide, Medihelp also offers added insured benefits on most options. Registration on HealthPrint's Maternity and Baby programme will activate these additional benefits:

- 10 antenatal and post-natal consultations at a midwife/GP/gynaecologist\*
- 2 antenatal and post-natal consultations at a dietician/lactation specialist/antenatal classes
- Two 2D ultrasound scans

### Child care benefit

- Babies younger than 2 years get 2 additional consultations at a GP, paediatrician or ear, nose and throat specialist\*
- Standard child immunisations for children up to 7 years at network pharmacy clinics

### MedPrime, MedElite and MedPlus

- 9 months' antenatal iron supplements
- 9 months' antenatal folic acid supplements

### Added value through HealthPrint

HealthPrint is Medihelp's online health and wellness programme, and you can enrol on the HealthPrint Maternity and Baby programme for support on your pregnancy journey. Once you join, you will receive a special gift, as well as access to relevant value from HealthPrint partners.

You will also receive regular newsletters containing useful information on what you can expect during each stage of your pregnancy.

### Childbirth in hospital or home delivery

There is no overall annual limit on hospital benefits for childbirth on any benefit option.

MedMove! members are not covered for elective caesarean sections, only for natural births and emergency caesarean sections. Benefits are paid at 100% of the Medihelp tariff.

\* MedVital Elect, MedAdd Elect and MedPrime Elect members don't have to obtain a network GP referral to the gynaecologist, paediatrician or ear, nose and throat specialists for added insured benefits.

Members of network options need to be admitted in a network hospital.

A specified benefit amount is available for a home delivery, including the professional nursing fees, equipment, material and medicine.

### Pre-authorisation

It is vital to pre-authorise your planned hospital admission or home delivery to avoid co-payments. A co-payment of 20% will apply if a hospital admission or home delivery is not pre-authorised (excluding emergencies, which must be authorised within 72 hours) and a 35% co-payment will apply if members of network options don't use network hospitals.

### What you'll need to apply for pre-authorisation

- Your membership number
- Details of the patient, doctor and hospital, including their practice numbers
- Procedure and diagnostic codes (your doctor will provide you with these)
- Date and time of your admission (estimated in case of a natural birth)

#### Ways to pre-authorise

-  Phone 086 0200 678
-  Use the [Member Zone](#)/Authorisations
-  Email [hospitalauth@medihelp.co.za](mailto:hospitalauth@medihelp.co.za)
-  Use the Medihelp member app

### TTO medicine when you leave the hospital

Medihelp offers a fixed benefit amount for prescription medicine dispensed and charged by the hospital to take out when you are discharged. Consult your Medihelp member guide for details.

### Registration of your new-born baby

Register your newborn by phoning 086 0100 678 or by logging in to the Member Zone. Medihelp will register your newborn without applying any exclusions if you are an existing member, under the following conditions:

- \_\_\_\_\_ You have 90 days from the date on which the baby was born to register your baby.
- \_\_\_\_\_ The baby's enrolment date must also be the date of birth.
- \_\_\_\_\_ The baby must be enrolled as your child dependant on the same option.
- \_\_\_\_\_ The baby's ID number must be submitted to Medihelp within 45 days.