



Optometry



medihelp
Medical Aid in Action

Preferred Provider Negotiators (PPN) provides Medihelp’s optical benefits in partnership with more than **2 300 optometrists** across South Africa. Medihelp members may visit **any optometrist** in the PPN network, and benefits are paid according to PPN tariffs. Benefits are paid per 24-month cycle, from the date of the first service, unless paid from the savings account.

	MedAdd	MedSaver	MedElect	MedPrime	MedElite	MedPlus
Spectacle lenses	Single vision, bifocal or multifocal (paid at the cost of bifocal lenses)	Savings account	Single vision, bifocal or multifocal (paid at the cost of bifocal lenses)		Single vision, bifocal or multifocal	
Spectacle frame and/or lens enhancements	R285		R565	R825	R1 030	
Contact lenses	R670		R775	R1 235	R1 730	

Subject to PPN protocols and pre-authorization – 100% of the MT

A benefit for one eye test per beneficiary is available on all benefit options, excluding MedVital. A co-payment of R110 per consultation is applicable on MedMove!

How to avoid co-payments

- Use a PPN optometrist
- Check available benefits with PPN first
- Ask for a quote

To get the full benefit of the negotiated network benefit, have your account submitted via PPN instead of paying cash.

MedSaver members’ claims must be sent to Medihelp.

PPN contact details

086 1103 529 | 086 1101 477
041 065 0650

www.ppn.co.za

info@ppn.co.za

Use PPN’s self-help service on their website at www.ppn.co.za for quick assistance.

Services offered

- Available 24/7
- Accessible online
- Find the nearest practice
- Confirm available optical benefits
- Check the status of claims
- Use the automated Call Centre

What is needed to register or when speaking to an agent

- Principal member’s ID number
- Medical aid number
- Email address
- Mobile number
- Dependant’s date of birth
- Date of claim/service

To speak to an agent when phoning in, select “Member” and then Option 3.

How to view available benefits and claims

Click on the Register/Login button on the PPN website at www.ppn.co.za on the top right corner and follow the easy steps to view available benefits or to view/download claims.

086 0100 678 www.medihelp.co.za

Medihelp is an authorised financial services provider (FSP No 15738)