



## Activating the care extender benefit

Medihelp rewards you for taking care of your health through the care extender, activated by going for specified health tests.

### Step 1

Any family member goes for any of the following:

### Step 2

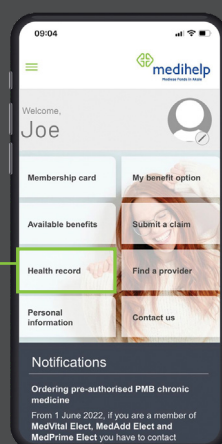
The claim is processed and the test results are uploaded to your health profile on HealthPrint, unlocking the applicable benefit.

### Step 3

Enjoy the additional care extender benefits that have been activated:

#### Added insured benefits

- A Pap smear per three-year cycle (women 21-65 years)
- A mammogram per two-year cycle (women 40-75)
- A prostate test (men between 40-75 years)
- An FOBT test for people between 45-75 years
- One bone mineral density test per two-year cycle (women >65 years)



You can access your health record on the Medihelp app.

One extra GP consultation



- A combo health screening (blood glucose, cholesterol, BMI, and blood pressure) at selected pharmacy clinics in the Medihelp Preferred Pharmacy Network.



Scan this code to visit HealthPrint

An additional  
**R490**  
for the family for self-medication



Note: The care extender is not activated if the beneficiary who undergoes the health screening has registered for a prescribed minimum benefit (PMB) or chronic medicine benefit related to the mentioned health tests. The care extender benefit applies to all options, except MedMove!. Benefits are paid at 100% of the Medihelp tariff.

**086 0100 678**  
www.medihelp.co.za

Medihelp is an authorised financial services provider (FSP No 15738)