



Activating the care extender benefit

Medihelp rewards you for taking care of your health through the care extender, activated by going for specified health tests.

Added insured benefits

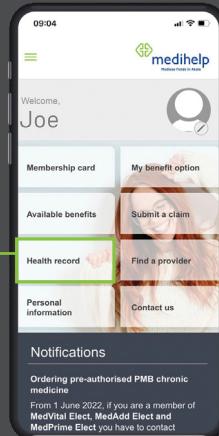
Any family member goes for any of the following:

- A Pap smear per three-year cycle (women 21-65 years)
- A mammogram per two-year cycle (women 40-75)
- A prostate test (men between 40-75 years)
- An FOBT test for people between 45-75 years
- One bone mineral density test per two-year cycle (women >65 years)



Step 1

The claim is processed and the test results are uploaded to your health profile on HealthPrint, unlocking the applicable benefit.



You can access your health record on the Medihelp app.

- A combo health screening (blood glucose, cholesterol, BMI, and blood pressure) at selected pharmacy clinics in the Medihelp Preferred Pharmacy Network.



Scan this code to visit HealthPrint

Step 2

Enjoy the additional care extender benefits that have been activated:

One extra GP consultation



An additional

R490

for the family for self-medication



Note: The care extender is not activated if the beneficiary who undergoes the health screening has registered for a prescribed minimum benefit (PMB) or chronic medicine benefit related to the mentioned health tests. The care extender benefit applies to all options, except MedMove!. Benefits are paid at 100% of the Medihelp tariff.