



# HIV/Aids treatment and benefits

Medihelp supports members living with HIV/AIDS through a care programme in partnership with LifeSense Disease Management.

## Available benefits

Medihelp pays 100% of the cost for:

- Treatment in case of accidental exposure prescribed minimum benefits (PMB) cases – GP consultations, emergency rooms, post-exposure prophylaxis (PEP), which is a short course of HIV medicines.
- Added insured benefits: HIV screening, testing (non-pathology), and counselling at network pharmacy clinics.
- Antiretroviral therapy at LifeSense, Dis-Chem Direct, and Medipost.


## New members


Newly enrolled members who have been diagnosed must register on Medihelp's HIV/Aids programme within **21 days of joining** by calling LifeSense. Registering on the programme and disclosing the condition will ensure that you receive the best possible care and that the continuation of your membership is not at risk.

## How to avoid co-payments

- Register on the HIV/Aids programme.
- Use the designated service provider, LifeSense.
- Get medicine from Dis-Chem Direct or Medipost.

### LifeSense

 0860 50 60 80  
SMS 31271 for a call-back


 [enquiry@lifesense.co.za](mailto:enquiry@lifesense.co.za)  
[results@lifesense.co.za](mailto:results@lifesense.co.za)  
(prescriptions and pathology)

### Medipost

 012 426 4000

 [life@medipost.co.za](mailto:life@medipost.co.za)

### Dis-Chem Direct

 011 589 2788

 [direct.medihelp@dischem.co.za](mailto:direct.medihelp@dischem.co.za)

**086 0100 678** [www.medihelp.co.za](http://www.medihelp.co.za)

Medihelp is an authorised financial services provider (FSP No 15738)

## To access benefits

### Accidental exposure

STEP 01

Following exposure, visit a GP or emergency room to start post-exposure prophylaxis (PEP) within 72 hours

STEP 02

Contact LifeSense

### HIV screening

STEP 01

Visit a GP or pharmacy to have a non-pathology HIV screening test done

STEP 02

If the test is positive, contact LifeSense to join the programme

STEP 03

Get medicine from Dis-Chem Direct or Medipost

### Anti-retroviral therapy

STEP 01

Register on Medihelp's HIV/Aids programme by contacting LifeSense

STEP 02

LifeSense will assist you through the entire process

STEP 03

Get your medicine from Dis-Chem Direct or Medipost to avoid co-payments