

Maternity and baby benefits



medihelp
Medical Aid in Action

Medihelp supports expectant and new moms with tailor-made maternity and baby benefits, as well as a Parenting journey. These benefits are available on all plans except MedMove!.

You have these benefits

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| 1 | Additional insured benefits | 2 | Day-to-day benefits |
| 3 | Delivery and hospital benefits | 4 | Added value services |

Additional insured benefits

You receive maternity and baby benefits, as well as a Parenting journey, in addition to your day-to-day and other insured benefits.

Maternity

- Ten antenatal and postnatal consultations with a midwife, GP, or gynaecologist*
- Two antenatal and postnatal consultations with a dietitian, lactation specialist, plus antenatal classes
- Two 2D ultrasound scans

Baby

- Two consultations with a paediatrician*, GP, ear, nose, and throat specialist* for babies under 2
- Standard child immunisation for children under 7

Day-to-day benefits

All plans: According to available savings account balance and/or day-to-day benefit amounts on specific plans

MedSaver: Additional child benefit of R2 500 per family, once you have depleted your savings account

*On MedVital Elect, MedAdd Elect, and MedElect – a network GP's referral to the specialist is not needed.

Delivery and hospital benefits

- No overall annual limit and caesarean sections covered on all plans, except MedMove!
- A separate, specified benefit for home delivery
- Benefits paid at 100% of the Medihelp tariff
- A fixed benefit amount for prescription TTO (to-take-out) medicine

Please remember

- Get pre-authorisation for the delivery (planned hospitalisation or home delivery) to avoid co-payments.
- Register a new-born baby as a dependant within 90 days from birth.

Added value services

You can enrol on the HealthPrint Parenting journey to:

- View available benefits and get relevant support;
- Regular updates about each stage of your pregnancy;
- Track your baby's developmental milestones ; and
- Get reminders when your little one is due for vaccinations.
- Get access to the Parent Sense app.
- Get access to your own personal digital assistant to help you through the first phase of parenthood.

www.medihelp.co.za

Medihelp is an authorised financial services provider (FSP No 15738)