

Maternity and baby benefits



120⁺
YEARS

Medihelp supports expectant and new moms with tailor-made maternity and baby benefits, as well as a Parenting journey. These benefits are available on all plans except MedMove!

You have these benefits

- | | |
|----------------------------------|-----------------------|
| 1 Additional insured benefits | 2 Day-to-day benefits |
| 3 Delivery and hospital benefits | 4 Added value |

Additional insured benefits

You receive maternity and baby benefits, as well as a Parenting journey, in addition to your day-to-day and other insured benefits.

Maternity

- 8 or 10* antenatal and postnatal consultations with a midwife, GP, or gynaecologist
 - 1 or 2* antenatal and postnatal consultations with a dietitian, lactation specialist, or antenatal classes
 - 2 2D ultrasound scans
 - Hearing screening for newborns up to 8 weeks in and out of hospital
 - 9 months' antenatal iron supplements
 - 9 months' antenatal folic acid supplements
- (* depending on your plan)

Baby

- 2 consultations with a paediatrician*, GP, ear, nose, and throat specialist* for babies under 2
- Standard child immunisation for children under 7

Day-to-day benefits

All plans: According to available savings (if your plan has a savings account) and/or day-to-day benefit amounts on specific plans.

(MedPrime Elect, MedAdd Elect, and MedVital Elect: 35% co-payment if a non-network GP is used.)

Delivery and hospital benefits

No overall annual limit and caesarean sections covered on all plans, except MedMove!

- Separate, specified benefit for home delivery
- Benefits paid at 100% of the Medihelp tariff
- Fixed benefit amount for prescription medicine to take home when you're discharged from hospital (MedPrime Elect, MedAdd Elect, and MedVital Elect: 35% co-payment if a non-network hospital is used.)

Please remember

- Get pre-authorisation for the delivery (planned hospitalisation or home delivery) to avoid co-payments.
- Register your newborn baby as a dependant within 90 days from birth.

Added value

You can enrol on the Parenting journey to get:

- An overview of your benefits, with relevant support
- Regular updates about each stage of your pregnancy
- Tools to track your baby's developmental milestones
- Reminders when your little one is due for vaccinations
- Access to the Parent Sense app
- Access to personal digital assistant to help you through the early days of parenthood.

[medihelp.co.za](https://www.medihelp.co.za)

Medihelp is 'n gemagtigde verskaffer van finansiële dienste (FSP no 15738).