



Your optometry benefits



medihelp

120⁺
YEARS

Medihelp now uses Opticlear to manage optical benefits. The Opticlear network covers 97% of all optometry providers in South Africa, and members can choose any provider in the network. Benefits are paid according to Opticlear's tariffs.

What's new in 2026?

1. Opticlear is Medihelp's new preferred provider for optometry services.
2. Avoid co-payments by using the Opticlear network of optometrists.
3. Opticlear validates claims, handles queries, and confirms benefits.
4. Medihelp handles the payment of claims, and details are shown on your claims statement.
5. You can now check your optometry claims on your Medihelp claims statement and on the **Member Zone**.

Contact details

Tel: 087 359 1525

www.opticlear.co.za

medihelp@optics.co.za



Benefits

Description	MedVital	MedAdd	MedSaver	MedReach	MedPrime	MedElite
Subject to Opticlear protocols and pre-authorisation - 100% of the MT						
OPTOMETRY						
- Eye examination at an Opticlear network optometrist - One comprehensive examination including visual, binocular stability, and pathology evaluation (including tonometry where appropriate) and diagnosis		One comprehensive examination per beneficiary per 24-month cycle		One comprehensive examination per beneficiary per 24-month cycle	One composite examination per beneficiary per 24-month cycle	One composite examination per beneficiary per 24-month cycle
Eye examination at a non-network optometrist		R420 per beneficiary per 24-month cycle		R420 per beneficiary per 24-month cycle	R420 per beneficiary per 24-month cycle	R420 per beneficiary per 24-month cycle
- Spectacles or contact lenses - Spectacles - One frame (at an Opticlear network optometrist)		R330 per beneficiary per 24-month cycle		R655 per beneficiary per 24-month cycle	R955 per beneficiary per 24-month cycle	R1 190 per beneficiary per 24-month cycle
One frame (at a non-network optometrist)		R245 per beneficiary per 24-month cycle		R490 per beneficiary per 24-month cycle	R715 per beneficiary per 24-month cycle	R890 per beneficiary per 24-month cycle
- Lenses at an Opticlear network optometrist - One pair of standard clear lenses	This plan does not cover these services	Single vision or bifocal lenses (multifocal lenses paid up to the tariff of bifocal lenses) per beneficiary per 24-month cycle	Savings account	Single vision or bifocal lenses (multifocal lenses paid up to the tariff of bifocal lenses) per beneficiary per 24-month cycle	Single vision or bifocal lenses (multi-focal lenses paid up to the tariff of bifocal lenses) per beneficiary per 24-month cycle	Single vision, bifocal, or multifocal lenses per beneficiary per 24-month cycle
- Lenses at a non-network optometrist - One pair of standard clear lenses		R225 for single vision lenses R480 for multi-focal/ bifocal lenses per beneficiary per 24-month cycle		R225 for single vision lenses R480 for multi-focal/ bifocal lenses per beneficiary per 24-month cycle	R225 for single vision lenses R480 for multi-focal/ bifocal lenses per beneficiary per 24-month cycle	R225 for single vision lenses R480 for bifocal lenses R850 for multi-focal lenses per beneficiary per 24-month cycle
Contact lenses (benefits at a network and non-network optometrist)		R745 per beneficiary per 24-month cycle		R865 per beneficiary per 24-month cycle	R1 375 per beneficiary per 24-month cycle	R1 925 per beneficiary per 24-month cycle