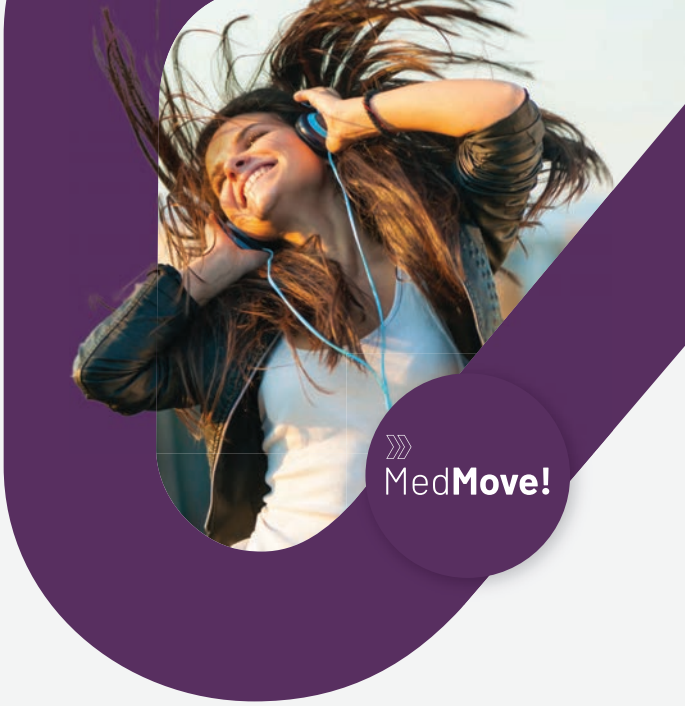
medihelp

120+ YEARS

Ideal for

# first-time buyers *of medical aid*

From **R1 734** *per month*




## Day-to-day benefits

- **Network GP visits** (R135 co-pay per visit)
- **Radiology, pathology,** and **acute medicine** R1 785
- **Self-medication** R540
- **Dental** and **optometry** check-ups

## Added insured benefits

- **Contraceptives** R1 470/R1 995
- **Preventive care** Health tests and screenings

## Core benefits

- **Trauma** and **emergency** medical cover
- **Network** of **quality private** hospitals
- Care for **271 PMB** diagnoses and all CDL conditions
- **Specialised radiology** in hospital

## Monthly contributions

| | MedMove! |
|---|---|
| Main member | **R1 734** |
| Dependant | **R1 734** |
| Child dependant <26 years | **R1 734** |

**Network of quality, private hospitals and GPs**

MedMove! is ideal for young career starters with essential cover at quality private facilities, and preventive care benefits.

**Scan QR code**

Medihelp is an authorised financial services provider (FSP no 15738).
This is a summary of benefits. In the event of a dispute, the registered Rules of Medihelp will apply, subject to approval by the Council for Medical Schemes.

## Monthly contributions

| | Monthly income |
|---|---|
| | R901 + |
| Main member | R1 734 |
| Dependant | R1 734 |
| Child dependant <26 years | R1 734 |

## Day-to-day benefits

| | |
|---|---|
| Network virtual GP consultations during nurse visits | Member pays the first R135 per virtual network GP consultation (no co-payment for nurse visits) |
| Network GP consultations | Member pays the first R135 per visit (visit 1-10 only)<br>11th visit onward - only listed conditions<br>(R135 co-payment for visits not applicable)<br>Authorisation required after the sixth visit |
| Specialist consultations | R1 050 per family per year at network specialists |
| Physiotherapy | Member pays the first R135 per visit<br>Two visits per family<br>Specialist referrals by a network GP apply |
| Self-medication | R110 per event, up to R540 per family |
| Acute medicine, standard radiology and pathology (Ampath, Lancet, and PathCare Vermaak) | R1 785 per family |
| Eye test (Opticlear network) | One consultation per person per 24-month cycle<br>Member pays the first R135 per consultation |
| Dental check-up (DRC network) | One routine check-up<br>Member pays the first R135 per consultation |
| Post-hospital care for speech therapy, occupational therapy, and physiotherapy | R2 415 per member and R3 465 per family including discharge from a day procedure facility or hospital |

## Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when Medihelp receives your verified biometric details from your health screening results from Dis-Chem or Clicks. You can view your available benefits on the Member Zone at any time.

| | |
|---|---|
| Health screening tests | • One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement) |
| Preventive care benefits | • A flu vaccine<br>• A Pap smear every three years |
| Contraceptives | • Oral/injectable/implantable contraceptives – R120 per month, up to R1 470 per year<br>• Intra-uterine device – R1 995 every 60 months |

## Core benefits

In-hospital treatment and life-essential services (insured benefits)

| | |
|---|---|
| Hospitalisation | • Network hospitals<br>• Day procedure network applies to all day procedures<br>• Member pays a R1 805 co-payment (PMB admission excluded) |
| Hospital medicine on discharge: Applicable medicine dispensed and charged by the hospital on discharge from the hospital (to take out or TTO), excluding PMB/chronic medicine | R410 per admission |
| Neonatal hospitalisation | R56 175 per family |
| Trauma that necessitates hospitalisation | PMB |
| Childbirth | PMB |
| Specialised radiology | MRI and CT imaging in hospital<br>R13 600 per family (co-payment applies) |
| Standard radiology, pathology (Ampath, Lancet, and PathCare Vermaak) and medical technologist services | Unlimited when admitted to a network hospital |
| Radiography | R1 315 per family per year |
| Emergency transport (Netcare 911) | (Country of residence: RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) |
| Treatment of life-threatening conditions | Unlimited<br>Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions |
| PMB medicine | Unlimited |
| Oxygen | PMB |
| Mental health (psychiatric treatment) | PMB |
| Cancer treatment | PMB |
| Organ transplants | PMB |
| Palliative care | R21 735 per family |
| Other core benefits | PMB only<br>Including renal dialysis, hospice, subacute care, and private nursing services as an alternative to hospitalisation |

**Important**
This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.