



MedMove!



medihelp
Medical Aid in Action

MedMove! will accompany you when you take the first steps on your career path, by providing cover for health essentials such as private hospitalisation and emergency medical services through quality networks. You also have access to virtual and in-person doctors' consultations and medicine, as well as a selection of other medical services you may need.

From R1 452 per month

Choose a medical aid in action

We lead

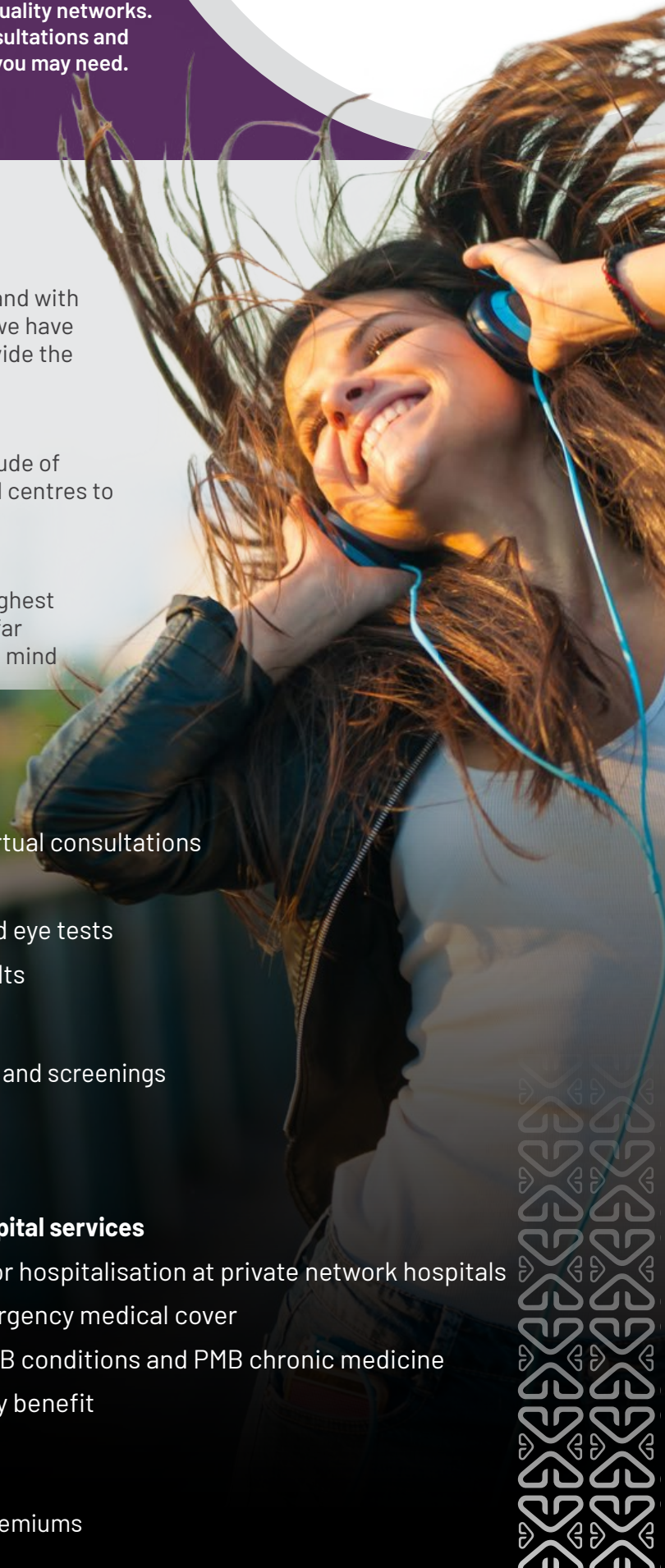
We are one of the largest medical aids in the country, and with more than a lifetime of experience as our foundation, we have a clear understanding of what matters and how to provide the healthcare cover and care that members require

We listen

Medihelp engages and delivers service across a multitude of platforms - from apps to self-service websites and call centres to online chats

We provide

Medihelp's ability to pay claims is rated amongst the highest in the industry, and is backed by a reserve level which far exceeds the legal requirement, ensuring your peace of mind



All-important cover

- Doctors' visits and virtual consultations
- Cover for medicine
- Dental check-ups and eye tests
- Physiotherapy consults

- Cover for health tests and screenings
- Flu vaccination
- Contraceptives

Wide range of in-hospital services

- Unlimited benefits for hospitalisation at private network hospitals
- Full trauma and emergency medical cover
- Full cover for 270 PMB conditions and PMB chronic medicine
- Specialised radiology benefit

- Affordable monthly premiums

Day-to-day

Added insured

Core benefits

Contributions



Monthly contributions

Principal member		R1 452
Dependant		R1 452
Child dependant <26 years		R1 452

Day-to-day benefits

GP and virtual consultations	Unlimited Member pays the first R110 per visit Authorisation required after the 6th visit and protocols apply
Specialist consultations (PMB* only)	Unlimited at network specialists
Physiotherapy	2 visits per family
Self-medication	R95 per event, up to R460 per family
Acute medicine, standard radiology and pathology	R1 500 per family
Radiography	R1 100 per family
Eye test (PPN network)	One consultation per person per 24-month cycle Member pays the first R110 per consultation
Dental check-up (DRC network)	One routine check-up Member pays the first R110 per consultation

Added insured benefits

These benefits are provided in addition to your insured day-to-day benefits and are activated when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Health screening tests	<ul style="list-style-type: none"> One combo health screening (blood glucose, cholesterol, BMI & blood pressure measurement) or an individual test (blood glucose or cholesterol) HIV testing, counselling & support
Preventive care benefits	<ul style="list-style-type: none"> A flu vaccine A Pap smear every 3 years
Contraceptives	<ul style="list-style-type: none"> Oral/injectable/implantable contraceptives – R90 per month, up to R1 080 per year Intra-uterine device – R1 700 every 60 months
Supporting wellness	<ul style="list-style-type: none"> Chronic Care programme Oncology programme HIV/Aids programme

Core benefits

In-hospital treatment and life-essential services (insured benefits)	
Hospitalisation	No overall annual limit Network hospitals Day procedure network applies to all day procedures Member pays a R1 500 deductible (PMB admission excluded)
Neonatal hospitalisation	R46 300 per family
Trauma that necessitates hospitalisation	Unlimited
Childbirth	PMB – unlimited
Specialised radiology	<ul style="list-style-type: none"> MRI and CT imaging R11 840 per family Angiography PMB – unlimited
Standard radiology, pathology and medical technologist services	Unlimited when admitted to a network hospital
Emergency transport (Netcare 911)	Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia & Botswana)
Treatment of life-threatening conditions	Unlimited Includes 270 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Oxygen	PMB – unlimited
Mental health (psychiatric treatment)	PMB – unlimited
Cancer treatment	PMB – unlimited
Organ transplants	PMB – unlimited
Palliative care	R18 000 per family
Other core benefits	Including renal dialysis, hospice, subacute care and private nursing services as an alternative to hospitalisation

Important:

This is only a summary of the available benefits and deductibles may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

*PMB – Prescribed Minimum Benefits

